



belconnenvillage.org.au

Oral Health from the Start

Tiny teeth, big Smiles



Support healthy habits early to protect your child's smile for life

✓ **Child-friendly**

✓ **In-person or Online**

Join this workshop delivered by Canberra Health Services to explore how early oral health habits help build lifelong dental health.

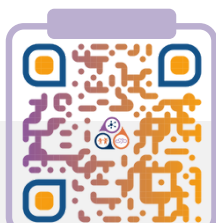
What to Expect

- ✓ **Child and Youth Dental Services:** How to access care and check Child Dental Benefits Scheme (CDBS) eligibility
- ✓ **First dental visit:** When and why to book your child's first dental visit
- ✓ **Tips for healthy teeth:** Oral hygiene, fluoride, and healthy snacks & drinks
- ✓ **Teething and tooth eruption:** What to expect and how to support your child
- ✓ **Oral health for mothers and caregivers:** How your dental health impacts your child, tips on feeding practices, dummies & more
- ✓ **Useful resources & information packs** for in-person attendees
- ✓ **Enjoy refreshments & a relaxed chat** with presenters after the session

Register here

Want to attend online?

Email village@kippax.org.au for the access link.



When and where

Date: Tuesday 5 August 2025

Time: 10:00 am - 12:00 pm

Location: UnitingCare Kippax
130 Hardwick Crescent, Holt,
ACT 2615

Presenters

Belinda Behl

Oral Health Therapist

Canberra Health Services Dental



You can register over the phone or email below

☎ 02 6254 1733

✉ village@kippax.org.au

<https://tinyurl.com/OralHealthWorkshop>